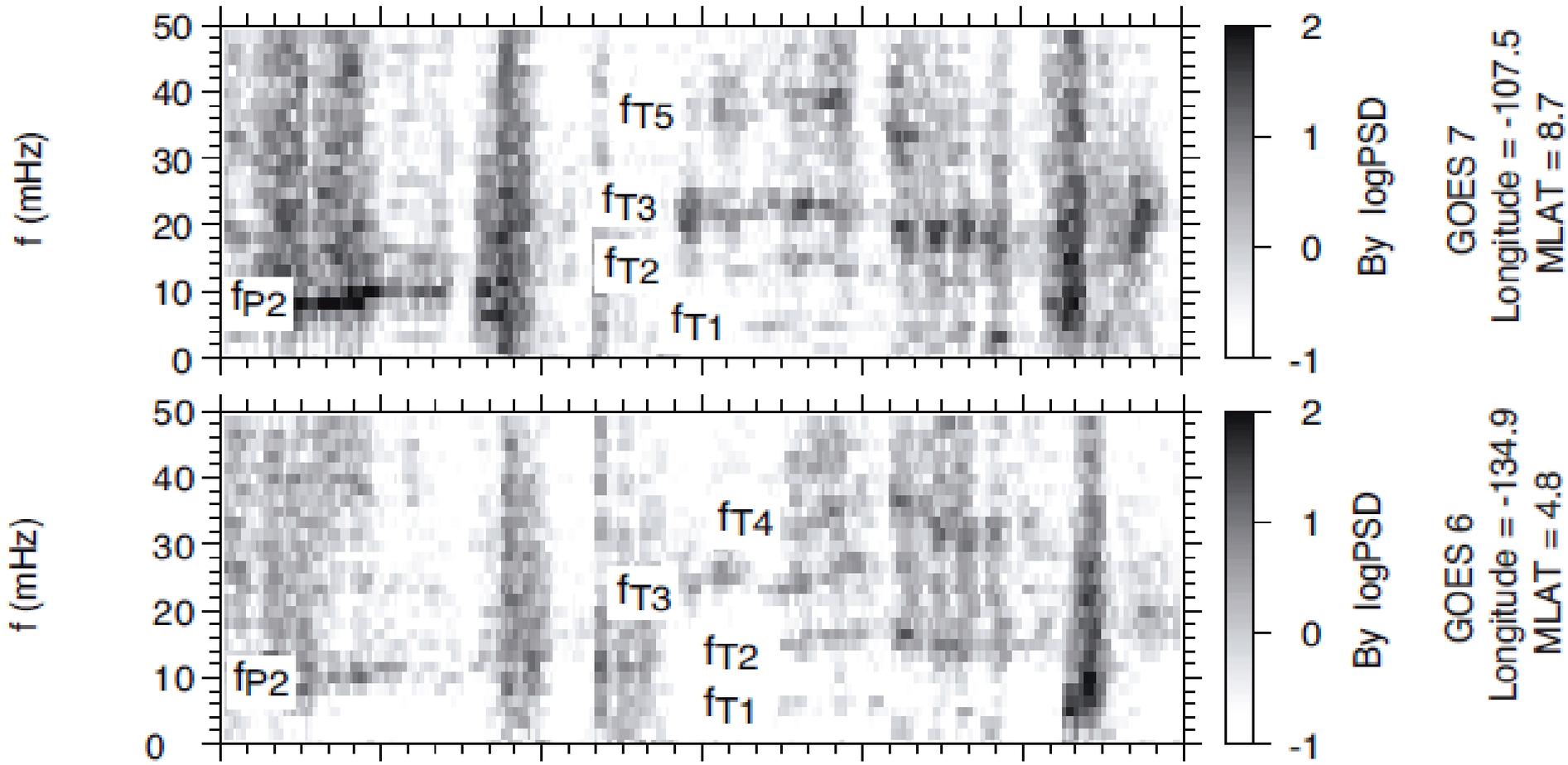


# Magnetic Fluctuation Spectra -> Alfvén Wave Frequencies

Feb 10-12 (Day 41-43) 1990



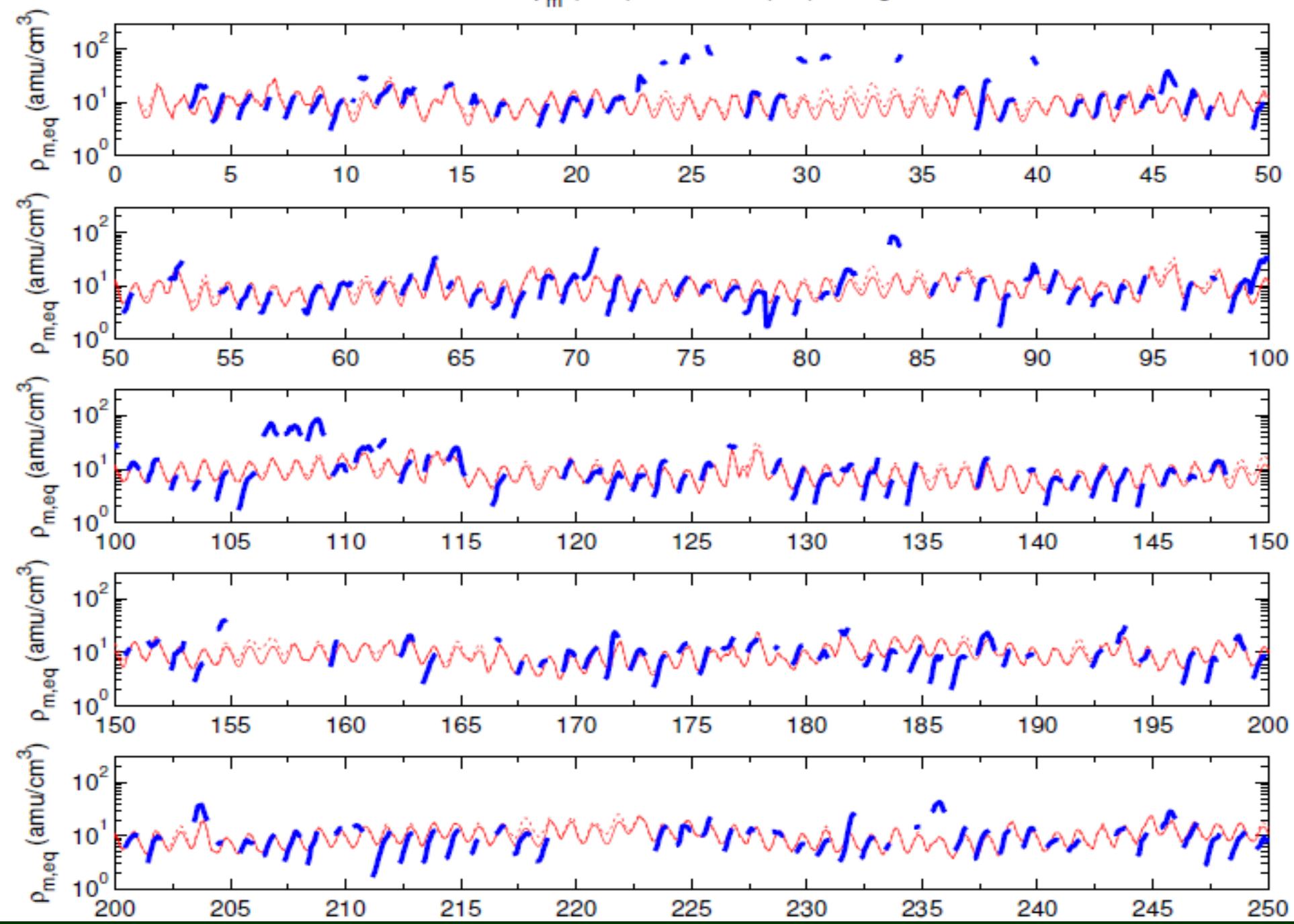
UT	1800	0000	0600	1200	1800	0000	0600	(hhmm)
MLTG7	10.53	16.37	22.63	4.72	10.53	16.37	22.63	(hour)
MLTG6	8.71	14.55	20.81	2.90	8.71	14.55	20.81	(hour)

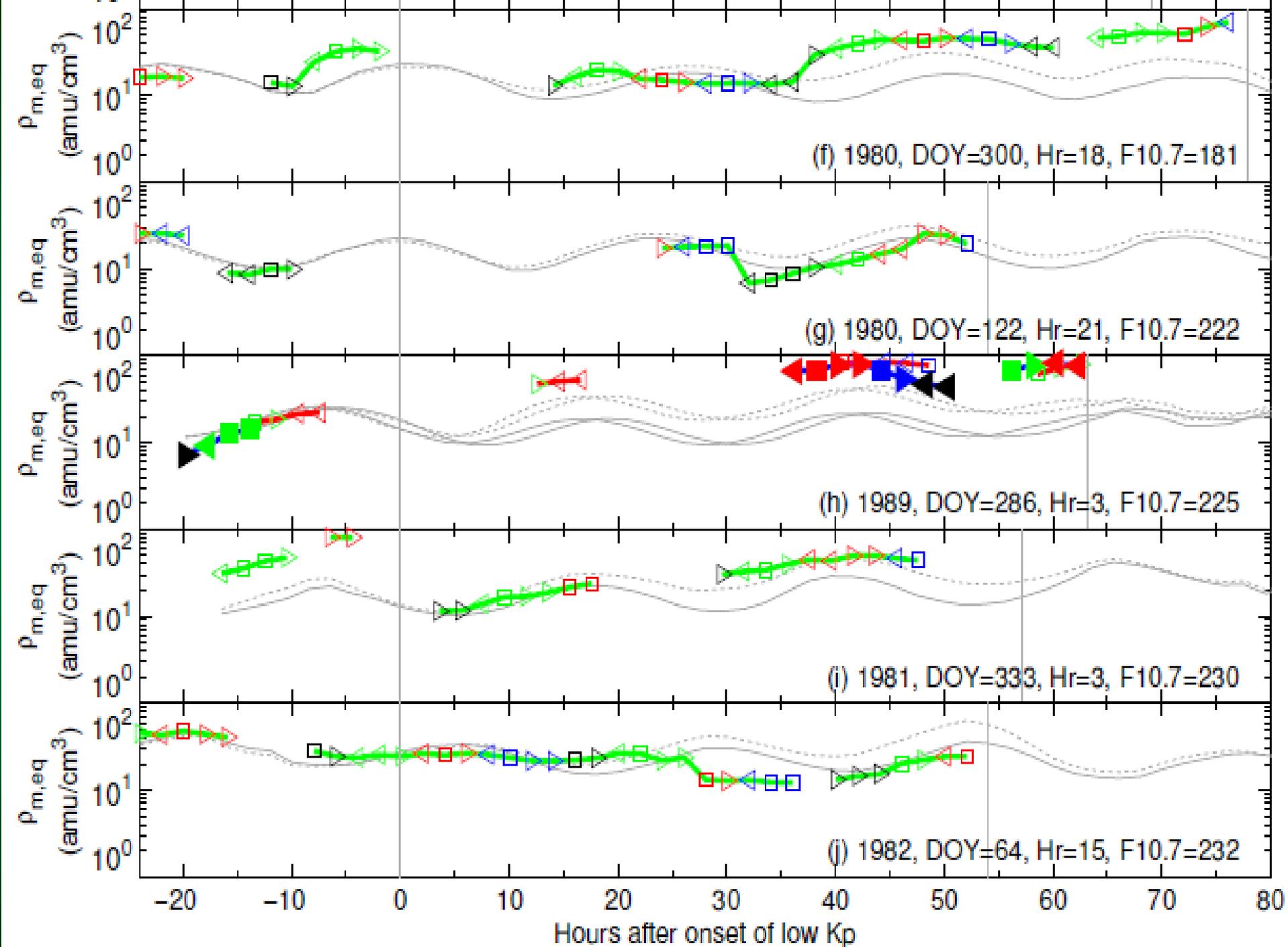
# Model for Mass Density at Geo

Alfven frequencies, TS05 magnetic field model,  
model for field line dependence of  $\rho_m$ , Eureka  
Formulize ->

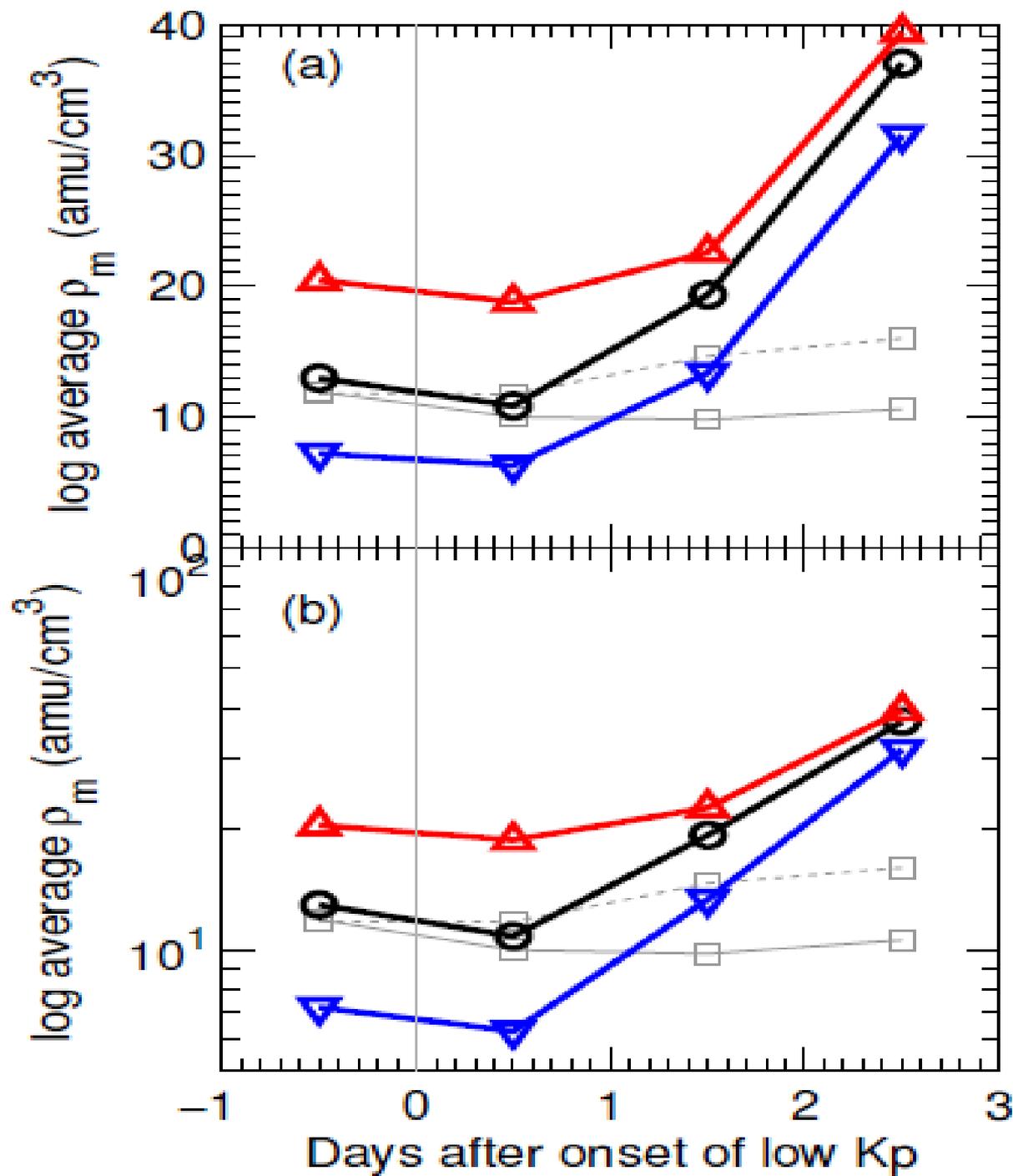
$$\log_{10} \rho_{m,eq} = 0.32 + 0.0038F_{10.7}^{1.796} + 0.14 \cos((MLT - 13.0) \cdot 15^\circ) \\ + 0.054P_{dyn,12} + 0.07 \cos((dYr - 0.053) \cdot 360^\circ) + 0.016B_{z,3}$$

[Denton et al., JGR, 2016]

GOES 7  $\rho_m$  (blue) and model (red) during 1988



# Average Refilling



[Denton et al., JGR, 2016]

# Logarithmic Refilling Rates

$$\begin{aligned}\frac{d \log_{10} (\rho_{m,eq})}{dt} &= 0.27 \text{ day}^{-1}, \text{ for all data,} \\ &= 0.16 \text{ day}^{-1}, \text{ for } F_{10.7} > 150 \text{ sfu} \\ &= 0.35 \text{ day}^{-1}, \text{ for } F_{10.7} < 100 \text{ sfu}\end{aligned}$$